

In This Issue

- Run For Mom
- Pediatric Observation Unit
- Volunteer Week
- Chilliwack Chiefs

Healthy Harvest Winners

March 21, 2016 \$1,287.50

Mariana Svobodova - CGH

April 4, 2016 \$1,285.00

Jennifer Sahamis - ARH

April 18, 2016 \$1,342.50

Erin Boyd - ARH

Upcoming Events

May 7, 2016

Run For Mom 5/10K Run/Walk
Canadian Education Park (UFV)

May 14, 2016

Suds, Spuds and Burger
Fundraiser for CGH Eye Centre
*Mt. Cheam and Steller's Jay Lions
Centennial Legacy Project*
6pm - 8:30pm Triple Play Pub

June 17, 2016

Golf Classic
Fraser Glen Golf Course

June 26, 2016

Scotiabank Vancouver 5km &
Half Marathon
Discount Code: 2016FVHCF

Aug 14, 2016

FVHCF Car Show
SevenOaks Shopping Centre

Oct 1, 2016

Education Event
Ramada Inn

Run for Mom

Supporting MOMs at Chilliwack General Hospital.

This year, the goal is to raise \$30,000 to buy a fetal monitor

A fetal monitor measures the vital signs of both the baby and the mother. It detects heart rate, uterine activity, fetal movement and helps reduce complications.

Please help us provide baby and mom the best possible care.

Register today at www.FVHCF.ca

Your help can make a difference.



Pediatric Observation Unit



with family physicians and the emergency department.

"While some children will still begin their journey in the emergency department, we are now able to quickly transfer them to an environment with specialized pediatric nurses and pediatricians to attend to their care needs," said Petra Parady, executive director of Chilliwack Health Service Area and Chilliwack General Hospital.

Fraser Health provided funding for renovations and ongoing operations, while the Fraser Valley Health Care Foundation funded equipment and the children's décor with the help of organizations including the Rotary Club of Chilliwack-Fraser, Chilliwack Hospital Auxiliary, Fraser Valley Shrine Club #11 and Kiwanis Club of Sardis.

Shout Outs

Mt. Cheam and Steller's Jay Lions Club Centennial Legacy Project



Lions Club International is celebrating 100 years in 2017. Mt. Cheam and Steller's Jay Lions Club have a Centennial Legacy project and their goal is to raise \$600,000 by December 2016 for the Chilliwack General Hospital Eye Centre. Learn more at: www.fvhcf.ca/regional-projects

Contact Us

Website: www.fvhcf.ca

Email: info@fvhcf.ca

Tel: 1-877-661-0314



Facebook
www.facebook.com/FVHCF/



Twitter
twitter.com/fvhcf

Abbotsford
32900 Marshall Rd
Abbotsford, BC V2S 0C2

Mission
7324 Hurd Street
Mission, BC V2V 3H5

Chilliwack
45600 Menholm Rd
Chilliwack, BC V2V 3H5

Hope
1275 7Ave
Hope, BC V0X 1L4

Volunteer Week



Jean MacFarlane, Past President and Life Member, receives a kiss of appreciation from staff for her service and dedication to the Auxiliary for 58 years.

On April 7th, the Mission Health Care Auxiliary was presented with a Lifetime Achievement Award by The District of Mission, in recognition of over 90 years of service to the community.



On April 12, we celebrated Volunteer Appreciation Week for our Chilliwack General Hospital volunteers. Thanks you for all the work you do to keep the hospital running.



Chilliwack Chiefs

On February 21st the Chilliwack Chiefs Minor Hockey Night not only ended in a win for our home team, but also saw more than \$4,000 raised by community members attending, and organizations hosting the fundraising game. The majority of the funds were raised through the silent auction of players jerseys. The proceeds will go towards bolstering adolescent Mental Health programs at Chilliwack General Hospital."

Demonstrating the importance of youth involvement and engagement in mental health initiatives targeted towards them, the evening showcased a mental health awareness video that has been produced and led by local youth. It features Chilliwack Chief players and coaches, and youth and service providers in the community and aims to reduce the stigma associated with mental health illnesses. The video reinforces the message that there are local resources available, such as the Chilliwack Youth Health Centre, and encourages youth to reach out and talk today.

Efforts to raise awareness for mental health are ongoing and will be ramped up during Mental Health Awareness Week, from May 2 to May 8. For the latest updates, visit www.facebook.com/chilliwackyhc.