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Healthy Harvest Winners

June 27, 2016 - \$1,442.50

Melissa McDonald – CGH

July 11, 2016 - \$1,435.00

Mandy Eaves – MMH

Upcoming Events

Aug 14, 2016

FVHCF Car Show
Sevenoaks Shopping Centre
10AM – 3:00PM

Sept 10, 2016

Taste of BC Gala
Mt. Cheam & Steller's Jay Lion Club Fundraiser
Squiala First Nations Hall
7PM – 11PM

Sept 14, 2016

FVHCF Annual General Meeting
Abbotsford Regional Hospital
11:30AM – 2:00PM

Oct 1, 2016

Education Event
Quality Inn, Abbotsford
7:30AM – 5:00PM

BC Lions

We have teamed up with BC Lions to give Fraser Health employees a special offer for the following games:

- August 19 vs Hamilton
- October 1 vs Ottawa
- November 5 vs Saskatchewan

Starting at \$38 you can receive

- \$10 merchandise voucher
- A BC Lions baseball cap
- \$3 from each ticket will go to FVHCF!

To purchase tickets go to
www.bclions.com/fraser enter promo code: FRASER

For help/questions contact:
BArner@BCLions.com

1st Annual Golf Classic Is A Hit

On June 14 we had our 1st Annual Golf Classic to support the greatest needs of the Foundation. Over 50 golfers joined us at Fraserglen Golf Course in Abbotsford and the weather couldn't have been better. Close to \$12,000 was raised. Thank you to all who joined us, our sponsors and the volunteers who made this day possible.



Mission Education Evening

July 14 was our first education event in Mission. Dr. Henryk Pluta, Gastroenterologist, gave a great presentation called "On the Path of What We Eat" The audience learned how the colonoscope and gastroscope work, what the doctor and his team exactly do and look for when doing a procedure and a look at the new equipment that is coming to the hospital. After the presentation, everyone had a surgery free tour of the procedure room and was shown the different devices used by Dr. Pluta and his team. Thank you to everyone who attended this event. We are planning more in the future. Also thank you to those who helped us plan this event.





Royal Canadian Legion Branch 57
Donates \$2,500 to TRIM & \$2,500 to
Christine Morrison Hospice! Thank you!



5-2-1-0 Playbox is now live in Agassiz
for children thanks to Fraser Valley
Shrine Club #11

Contact Us

Website: www.fvhcf.ca

Email: info@fvhcf.ca

Tel: 1-877-661-0314



Facebook
[facebook.com/FVHCF/](https://www.facebook.com/FVHCF/)



Twitter
twitter.com/fvhcf

Abbotsford
Regional Office
32900 Marshall Rd
Abbotsford, BC V2S 0C2

Mission
7324 Hurd Street
Mission, BC V2V 3H5

Chilliwack
45600 Menholm Rd
Chilliwack, BC V2V 3H5

Hope
1275 7Ave
Hope, BC V0X 1L4

Thank You Volunteers!

On July 12, the amazing volunteers who gave their time over the past year were honoured with a Volunteer Appreciation BBQ at Mill Lake. They all volunteer at Abbotsford Regional Hospital, Cottage Worthington and TRIM. Mother Nature was on our side and the rain stayed away. Some played a few games, while everyone enjoyed music by Wesley, delicious food provided by Kiwanis and cake for desert! Even two of the volunteer dogs came out as well. Thank you to Volunteer Resources – Darlene, Joanne and Sally for hosting this yearly event.



Double The Chances Of Winning

Don't Miss Out On Your Flight!

Help Mt Cheam & Steller's Jay Lions Club reach their goal of \$600,000 for their Centennial Legacy Project. Buy a WestJet raffle ticket and have a chance to win a trip for two on any scheduled West Jet destination!

Call 1 877 661 0314, email info@fvhcf.ca or go to:

<https://fraservalleyhealthcarefoundation.formstack.com/forms/mtcheamlionswj>

BC Gaming Event Licence #84020

Enter to win 48 hours with a Porsche 911!

Tickets are \$10 each or 3 for \$20

Draw Date August 14th 1:30pm at FVHCF Car Show

Sevenoaks Shopping Centre 32900 South Fraser Way, Abbotsford

Call 1 877 661 0314, email info@fvhcf.ca or go to:

<https://fraservalleyhealthcarefoundation.formstack.com/forms/porscheweekend>

BC Gaming Event Licence #86696

We Are Looking For You

We are looking for people to join us as a voting member. If you would like to attend our upcoming AGM or to meet with our Executive Director, Liz Harris to get more information, please email Liz.Harris@fraserhealth.ca

Annual General Meeting

Our upcoming AGM is on September 14, 2016. It will be held at Abbotsford Regional Hospital, conference room 3C. If you would like to attend please RSVP to info@fvhcf.ca

Current Members

Annual membership fees are now due before the Annual General Meeting on September 14, 2016. If you have not paid your \$10, please email Lindsay.Earle@fraserhealth.ca or go to

<https://fraservalleyhealthcarefoundation.formstack.com/forms/boardmembers>