

what's happening

Fraser Valley Health Care Foundation Newsletter

We make a living by what we get, But we make a life by what we give-Winston Churchill

UP NEXT...

Health Talks 101: A Day of Medical Enlightenment is once again taking place on Sept, 28th. This is a community focused event brings high level medical information into an easy to understand, informative day with doctors, surgeons, nurses and other healthcare professionals presenting on a variety of topics. It is a free event for the public to attend. Register today at <https://www.fvhcf.ca/healthtalks/>



TB Vets Make an Impact

Fraser Valley Health Care Foundation and Abbotsford Regional Hospital staff are gratefully acknowledging TB Vets Charitable Foundation for their donation toward life-saving medical equipment purchased in Abbotsford that has been vital in supporting patients in recent months.

Mike McAllister, Clinical Practice Leader of Respiratory Services says:

“The Bipap V680 that was kindly donated by TB vets has been an essential tool for Respiratory Therapists at ARHCC to help patients with serious breathing difficulties. Every year we see more patients who need the breathing assistance that we are able to provide with the Bipap. Having one more of these units available means patients are able to quickly get the help they need. The Bipap V680 is also the first Bipap unit at ARHCC that is approved for use with pediatric patients. This capability is very timely, as we are seeing more pediatric patients with breathing difficulties being treated at ARH. Having a Bipap V680 is essential in stabilizing these patients for transfer. Many thanks to TB vets for partnering with ARHCC Respiratory Services, and

providing a Bipap V680 to help ensure our patients, both pediatric and adult, having breathing help available when they need it. Your donation is greatly appreciated, by both the patients and Respiratory Therapy staff!”

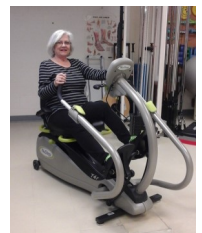


Pediatric donation from the union members, unions and signatory contractors working at the new Molson's Brewery, Chilliwack , BC

The Chilliwack skyline will be forever impacted as the Molson Coors Fraser Valley Brewery nears completion. The Boilermakers Contractors Association of BC and affiliates of the BC Building Trades Unions that are working to complete the project have committed to leaving a lasting legacy to the people of Chilliwack that reaches beyond the brewery.

Together they have donated \$30,300 to the pediatric observation unit at Chilliwack General Hospital. “We are excited to build another strong relationship that will improve the quality of health care in Chilliwack.” Said Liz Harris Executive Director, Fraser Valley Health Care Foundation. “It’s wonderful to see such amazing support of Chilliwack General Hospital!”

Fraser Canyon Hospital’s Physio department received a much needed NU STEP exercise machine with the help of funds raised by the Auxiliary to Fraser Canyon Hospital and Fraser Hope Lodge. The NU STEP Exercise Machine has already been put to good use by lots of people.





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Golfing FORE Your Hospitals

On Friday, June 21st, the Fraser Valley Health Care Foundation (FVHCF) hosted the 4th Annual Golfing “Fore” Your Hospitals Tournament at the Chilliwack Golf Club. The gorgeous sunny day brought out 128 golfers to participate in a round of golf to raise funds for vital equipment and programs for the Fraser East Hospitals. The Fraser Valley Health Care Foundation is pleased to announce that over \$40,000 net was raised!

“It was so great to see so many people come together from each community to take part in this tournament” Liz Harris, Executive Director remarked “We are blown away by their generosity and support, we can’t thank the golfers, sponsors, volunteers and donors enough! We can’t wait until next year.”



Hole sponsors provided entertainment and delicious snacks on the course to the participating golfers. The banquet after the tournament, featured Jim Ryan, Motivational Speaker. He spoke of his triumphs and tribulations in life, after an accident on vacation left him a quadriplegic. Ryan shared he recent success in paragliding leaving the audience in awe.

The event was a major success thanks to the title sponsor RBC Wealth Management Dominion Securities. The RBC Wealth Management Dominion Securities team aided in bringing in teams, donations and auction items. The FVHCF team would like to convey a huge thank you to all the sponsors who helped make the Golf Tournament an exciting and successful fundraising event.

Help purchase new equipment

Donations to the greatest need at each hospital will go to purchase much needed equipment for our health care teams.

For more information or to donate,

contact us at:

1 877 661 0314

info@fvhcf.ca

Donate online:

www.fvhcf.ca

Regional Programs

Adolescent Day Treatment Program
Early Psychosis Intervention Program
START Program
\$15,000

Abbotsford Regional Hospital

Emergency room expansion
\$1,250,000

Cottage Worthington Residential Care

Beds with mattresses for residents
\$110,000

Chilliwack General Hospital

Primary care expansion
\$1,000,000

Mission Memorial Hospital

Laboratory
\$488,000

Fraser Canyon Hospital

Stretchers for emergency department
\$48,000

50/50

Did you know?

FVHCF HEALTHY HARVEST Proceeds from the lotto will be used to purchase priority equipment

- Since starting the Healthy Harvest 50/50 in 2012/2013 and continuing in 2015, the 50/50 has raised over \$70,000 for priority needs at ARH, CGH, MMH & FCH! All because of staff participation!
- Tickets are ONLY \$5 a pay period and can be purchased through payroll deduction ONLY
- Open to all employees paid via Fraser Health's payroll system
- YOU could be next!

Congratulations to our latest winners!

- June 10, 2019**
Kathleen D.—\$2,640.00
- June 24, 2019**
Shireen S.—\$2,712.50
- July 8, 2019**
Teresita N—\$2,750.00
- July 22, 2019**
Monica B— \$2,765.00

Contact info@fvhcf.ca
 Chances are 1 in 700+
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 Know your limit, play within it.
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The Neo-Natal Intensive Care Unit (NICU) at Abbotsford Regional Hospital (ARH) was in dire need of some special reclining chairs that allow parents to have skin-to-skin contact with their premature infants. They are currently borrowing two chairs from another area of the hospital who will eventually need them back.

The Foundation put out a plea on social media to raise the funds for the needed chairs; each chair has a cost of \$1,700 and four are required. After seeing the post Victoria Cawkwell rallied her community around the cause.

With the understanding of how important skin to skin contact is and some even have had personal experiences with the ARH NICU the local families and business in Matsqui raised \$5,600 in a very short time. "Victoria's effort along with the families and business' of Matsqui has made it possible for us to purchase 3 of the 4 needed chairs" said Liz Harris, Executive Director of the Fraser Valley Health Care Foundation. "We are very grateful to everyone that has come forward to support this urgent need"

In 1920 the closest hospital to Mission was in New Westminster. This did not sit well with Emma Houlder, so the Mission Hospital Auxiliary and Mission Hospital Board began raising funds for a local hospital.

The Mission Health Care Auxiliary, or as they were know in 1920 the Mission Hospital Auxiliary will celebrate their 100th birthday in 2020. The Mission Hospital may have changed locations and grown to better the needs of the community, but one thing has remained the same – The steadfast dedication from the Mission Health Care Auxiliary.



With this dedication they are at it again. They are going to accomplish the largest fundraiser in their 100 year history. \$500,000 for new equipment is the goal.

The Laboratory is in need of attention. The hospital laboratory tests blood, urine, and other samples including immunology, microbiology, and endocrine tests. Lab improvements will allow the health care providers to get patient results with even greater efficacy thus aiding patient care and diagnoses'.

Forensic Nursing is the health care response to crime, violence and trauma at Abbotsford Regional Hospital (ARH) that provides care in the Emergency Department. The Forensic Nursing has provided on-call care and evidence collection since 1999.



The collected evidence must be stored under specific conditions to ensure optimum results when they are sent for testing at the RCMP Forensics Laboratory. The evidence is kept in a Biomedical freezer until such time.

The Auxiliary to Abbotsford Regional Hospital identified the need for a replacement Biomedical freezer for the Forensic Nursing at ARH. Both Margaret Gardiner, Auxiliary President and Joan Pike, Auxiliary Member were on hand to show off the new Biomedical Freezer that will help make sure that the samples collected will be stored securely in an environment specific for forensic evidence.

The new freezer was supported in full by the Auxiliary at a cost of \$14,257. Susan Short, Coordinator, Forensic Nursing ARH shared her appreciation from the Forensic Nursing team for the support.

Need of the month for July 2019:

The Residence in Mission (TRIM), on the site of Mission Memorial Hospital, features 192 private suites and four double occupancy suites for couples. They are in desperate need of good quality mattresses that will provide their senior residents with a restful sleep and more comfortable experience, helping residents experience better quality of life and help with their overall function. We want residents to feel at home. The mattresses will cost \$600 and between 10 and 16 would be much appreciated.



Spring Events

WALK 4 CARDIAC

On Saturday, May 4th 2019, the community came together to participate in the second annual "Walk 4 Cardiac" to raise fund for the Fraser Valley Health Care Foundation. (FVHCF) This event was held in conjunction with Walk with Your Doc, organized by the Division of Family Practice Abbotsford. Participants walked around Mill Lake on a beautiful sunny day. "This year the participants helped raise over \$7,500 dollars which will fully fund a NuStep T4R machine for Cardiac Rehab at the Abbotsford Regional Hospital," exclaimed an excited Whitney Hendry, clinical exercise physiologist at ARH. "We could not have done it without the generous support of everyone who came out, donated and raised pledges for this." The NuStep TR4 delivers a low-impact total-body workout that can benefit users of virtually any fitness level or functional ability.



DODGEBALL FOR DOLLARS



On Saturday, April 27th teams descended on Envision Athletic Centre to compete in the 3rd Annual "Game of Throws" dodgeball fundraiser. Participants returned to the days of recess in a fun, but competitive, tournament that raised \$4,700 for the Fraser Valley Health Care Foundation. The Abbotsford Dodgeball Leagues were on hand to help moderate games and even joined in the tournament. In the round robin style tournament teams squared off against one another in rounds of fast-paced play. Dressed in everything from nurse smocks, to matching t-shirts with crazy socks, teams were there to have fun.

RUN 4 MOM

May 11th 2019 at the Rotary Trail in Chilliwack was Run 4 Mom and on behalf of the Fraser Valley Health Care Foundation we would like to thank you for coming out and supporting! We had 206 participants come out and help raise over \$4,500 towards our \$20,000 goal to purchase a monitor to make sure mom and baby are healthy and safe during delivery for the Maternity Department at Chilliwack General Hospital. We could not have done it without each and every one of you!



Upcoming Events >>>

Health Talks 101:

A Day of Medical Enlightenment

September 28, 2019

Quality Hotel & Conference Center

Trees of Caring

November /December

Abbotsford Regional Hospital

Trees of Hope

December

Sevenoaks Shopping Center

Fraser Valley Grand Gala

November 15, 2019

Harrison Hot Springs Resort

It's a Wonderful Breakfast –Hope

November 21, 2019

Hope Rec Center

It's a Wonderful Breakfast –Chilliwack

November 28, 2019

Coast Hotel

It's a Wonderful Breakfast –Abbotsford

December 5, 2019

Sevenoaks Shopping Center

It's a Wonderful Breakfast –Mission

December 12, 2019

The Stage in Mission

For registration or sponsorship opportunities,
please visit: www.fvhcf.ca/events

YOUR COMMUNITY

YOUR HOSPITAL

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Give today: fvhcf.ca/donate | 1 877 661 0314 | info@fvhcf.ca

Fraser Valley Health Care Foundation

32900 Marshall Rd Abbotsford, BC V2S 0C2

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Visit us online: www.fvhcf.ca 