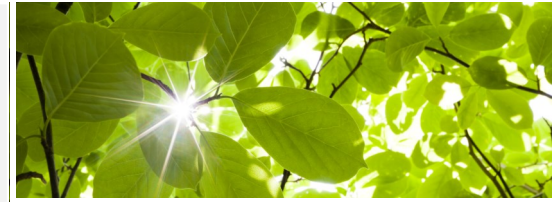


WHAT'S HAPPENING

INSIDE THIS ISSUE: OCTOBER / NOVEMBER 2017

- FVHCF announces new board chair
- Kiwanis Foundation of Abbotsford brings music back to ARH
- In The Community
- How you can help



UPCOMING EVENTS

2017

NOV 30th - *It's A Wonderful Breakfast*

Dec 15th - *Mac & Mango Fundraiser*

2018

JAN 13th - *Step up for Cardiac Health*

April 14th - *FCH Spring Fashion Show*

APRIL 28th - *Game of Throws*

MAY 19th - *Run for Mom*

JUNE 22th - *Golf Tournament*

For more information visit www.fvhcf.ca

FRASER VALLEY HEALTH CARE FOUNDATION ANNOUNCES NEW BOARD CHAIR: GRACE SARIS

Grace Saris has over 30 years of experience in the Financial Industry and is passionate about helping make a difference in the communities we serve.

Gerry Carron has taken on the role of Past Chair. He has served 8 years on the board and 3 of those years as Chair. He has worked with the board and staff to help grow the revenue of the foundation to over \$2 Million dollars in 2015/16. Board members also include: Colleen Walker, Vice Chair; Todd Kessler, Treasurer; Raylene Handysides, Secretary and Bonnie McEwan as Auxiliary Rep, Michael Adkins, Shelley Avram, Peter Fry, Manpreet Grewal, Kerry Kinney, and Doug Lester. Honorary Members include: Lorraine Hughes and Ethel Hooge.

"The skills and knowledge these individuals bring to the board will help the foundation move forward in raising more funds to help purchase much needed equipment for your local hospitals" says Liz Harris, Executive Director of the Fraser Valley Health Care Foundation.

The foundation's main purpose is to raise funds and awareness to further the improvement of health care in the facilities and programs operated, funded or endorsed by the Fraser Health Authority.

KIWANIS FOUNDATION OF ABBOTSFORD came down to Abbotsford Regional Hospital on October 13th to see what their support is doing at our hospital first hand. They stopped by the piano they purchased which now sits in the main atrium for volunteers to play. Thank you for bringing music back into this space.

They also donated \$15,000 towards the Adolescent Day Treatment Program (ADTP) This will help keep the program up and running. Kiwanis Foundation of Abbotsford - thank you for your continued support of our hospital and foundation.

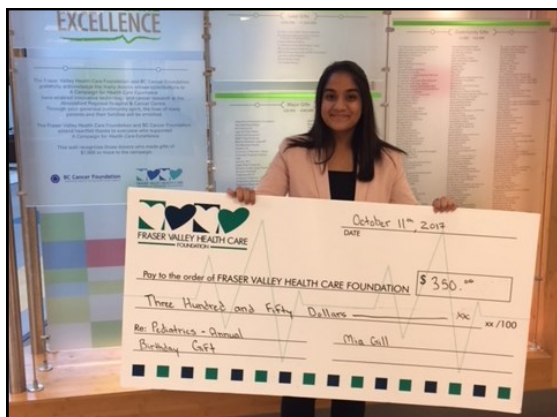


ON NOVEMBER 15TH GRADE ONE STUDENTS from a local elementary school came to visit us at Abbotsford Regional Hospital. The children arrive with clipboards in their tiny hands and had big questions ready for staff! The tour began with a great lesson in hand hygiene by the engaging folks from Infection Control. Our handwashing mascot "Sudsy" helped the students understand why clean hands are so important for their health. With clean hands and pocket sized sanitizers, the children visited our Child Life Specialist in Pediatrics. The students enjoyed asking questions and seeing examples of basic tests and procedures that might take place in a treatment room. Our last stop was Medical Imaging where the children visited the "submarine room" where they learned that



the large scale equipment may look scary but; it does not hurt you. The students all practiced sitting very still and received a sticker for a job well done. After visiting the Hospital, the grade one class decided to gather items from our "Pediatric Wish List" so they could help other children in their community. We look forward to updates from this very special class.

JUSTIN LLOYD STOPPED BY Abbotsford Regional Hospital on October 13th to visit with some kids up in the Pediatrics Unit. He took time from the PBR Canada stop at Abbotsford Centre and played some Mario Kart with one young patient for a while. We are not sure who won those games, but it looked like they both had fun!



ON HER BIRTHDAY, MIA GILL and her piggy-bank "Carlos" come in to donate funds to the Pediatric Unit at Abbotsford Regional Hospital. This is her 6th year donating to ARH and this year she donated \$350. Over the years, Mia has also purchased and delivered Christmas presents to the Children in the Pediatric Department of Abbotsford Regional Hospital.

FVHCF HEALTHY HARVEST

50/50

Did you know?

- Proceeds from the lotto will be used to purchase priority equipment
- Since starting the Healthy Harvest 50/50 in 2012/2013 and continuing in 2015, the 50/50 has raised over \$56,140 for priority needs at ARH, CGH, MMH & FCH! All because of staff participation!
- Tickets are ONLY \$5 a pay period and can be purchased through payroll deduction ONLY
- Open to all employees paid via Fraser Health's payroll system
- YOU could be next!



Congratulations to our latest winners!

October 16, 2017

Jane K - \$1,972.50

October 30, 2017

Sue M. - \$2,027.50

November 13, 2017

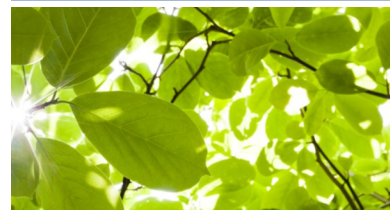
Krista D. - \$2,017.50

November 27, 2017

Joanne D. - 2032.50

Contact info@fvhcf.ca

Chances are 1 in 700+
(based on bi weekly ticket sales)
BC Gaming Event Licence #93599
Problem Gambling Help Line 1-888-795-6111
www.bcreponsiblegambling.ca
Know your limit, play within it.



CONTACT US

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Tel: 1-877-661-0314

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Abbotsford Regional Hospital
Regional Office
32900 Marshall Rd
Abbotsford, BC V2S 0C2

Mission Memorial Hospital
7324 Hurd Street
Mission, BC V2V 3H5

Chilliwack General Hospital
45600 Menholm Rd
Chilliwack, BC V2P 1P7

Fraser Canyon Hospital - Hope
1275 7Ave
Hope, BC V0X 1L4

YOUR COMMUNITY

YOUR HOSPITAL

YOUR FOUNDATION

DONATE TODAY

OVER THE SUMMER, the Fraser East EPI group took on a project and created a beautiful garden on a farm in Chilliwack. Once a week they would go the farm and work on their garden building raised gardens, growing vegetables, making hanging baskets, visiting with the animals and many other things. It's a relaxing day out for many of these youth. They are hoping to do this again next year since it was such a big success this year.



PETSMART CHILLIWACK once again has picked FVHCF as the charity to receive Chance, Lucky & Hope this year. We will be handing these out in our hospitals over the holiday season.

Alyce, who is president of the **MISSION HEALTHCARE AUXILIARY SOCIETY** is shown with the BP Monitor that the Auxiliary purchased for the Mission Memorial Hospital. Thanks for the continued support of the hospital and the Foundation.



When you give back to Fraser Valley Health Care Foundation, you can see real change and the impact your donation makes in your community!
Visit www.fvhcf.ca/ways-to-give
on the many ways YOU can support your local hospital and enhance health care in your community.

