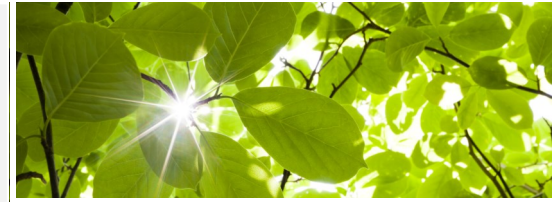


# WHAT'S HAPPENING

## INSIDE THIS ISSUE: JUNE / JULY 2017

- SIM Lab = Real Training
- Mill Lake Cruise-In raises funds for FVHCF
- What is a C-Arm?
- Mental Health
- Our Community



### UPCOMING EVENTS

#### SEPTEMBER

21st - FVHCF Golf Classic

*Chilliwack Golf Club*

30th - Day of Medical Enlightenment

*Abbotsford*

#### NOVEMBER

30th - It's A Wonderful Breakfast

*Chilliwack*

For event information visit [www.fvhcf.ca](http://www.fvhcf.ca)

### FAKE PATIENTS, REAL TRAINING

#### NEW LAB TO PROVIDE VITAL HEALTH CARE PRACTICE

The computerized mannequins may not be real, but the lessons learned will be.

A new regional "simulation lab" – the brainchild of a group of local doctors, nurses and respiratory therapists – will give local health care workers a space to practise communication, teamwork and skills they use to treat sick patients.

Fraser Valley Health Care Foundation received \$370,250 from the Fraser Valley Regional Hospital District to finance initial start-up costs for new lab, which will be built at Abbotsford Regional Hospital and open next March. The aim is for the lab to be used not just by ARH staff, but by health workers and even community members from around the Fraser Valley. The lab will feature "computerized mannequins that simulate real-life scenarios," according to the foundation.

Hospital staff already take part in training exercises, but studies have shown simulation-based procedures produce better outcomes. Emergency physician Dr. Michael Yatscoff – who is a member of the Abbotsford Simulation Group that sparked the idea – noted that around 70 per cent of "patient safety events" are due to failures of teamwork and communication.

"A huge portion of these errors are preventable by fostering good communication and improving teamwork amongst health professionals," Yatscoff said in a press release. While simulation training is part of many programs and provided at spots around B.C. and Canada, the simulation group found there to be a "near-total absence of simulated training at ARH and within the Fraser East region."

The new lab is meant to address that need and create a program that is self-sustaining. The project needs another \$100,000 to reach its goal of \$500,000, which will cover the initial start-up costs and the first year of administration and operation.



**The lab will feature computerized mannequins that simulate real-life scenarios**



2017 FVHCF CLASSIC SPONSORS

### TIME TO TEE OFF!

The 2nd annual **Fraser Valley Health Care Foundation Golf Classic** is quickly approaching. September 21st is going to be a great day of golfing and raising funds for YOUR local hospital at Chilliwack Golf Club. Funds raised from this event will benefit the hospitals of Abbotsford, Mission, Chilliwack & Hope. Sign up today – registration is only \$150 per person or \$500 for a team of four.

Registration is available at [www.fvhcf.ca/events](http://www.fvhcf.ca/events)

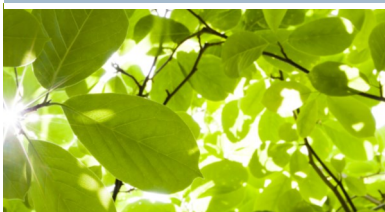
See you on the golf course September 21st!



When you give back to Fraser Valley Health Care Foundation, you can see real change and the impact your donation makes in your community!



Visit [www.fvhcf.ca/ways-to-give](http://www.fvhcf.ca/ways-to-give) on the many ways YOU can support your local hospital and enhance health care in your community.



## WE NEED A NEW C-ARM FOR MEDICAL IMAGING

The machine gets its name because of the unique “C” like shape used to image inside structures of the human body.

Imaging is done in real time using live motion x-rays. C-arms are often used for imaging during surgery.

Examples include:

- Vascular: Arteries, veins and the stents they place within the blood vessels
- Orthopedics: Broken bones and to help Surgeon’s guide their instruments
- General: Assist in removing gallbladders and looking at other organs



**WHY?** Our C-arm units are now over 10 years old and have to be replaced.

We use the C-Arms every day and they are wearing out. Much like televisions have experienced improved quality in the last decade, so has the C-Arm. We are now at a stage where we would benefit from improved image resolution offered by new equipment. We can

perform operations more safely, using less radiation, and see things in much finer detail for a more accurate operation, with less complications.

Visit [www.fvhcf.ca/imaging](http://www.fvhcf.ca/imaging) for more information about the C-Arm and how you can

## MILL LAKE CRUISE-IN A HUGE SUCCESS

Vintage vehicles rolled into Abbotsford the morning of Saturday July 8th, for the Mill Lake Cruise-In. The sun was shining and hundreds of cars participated in the event. The Mill Lake Cruise-In wouldn’t be possible without the hard work of Pete & Robbie Zomar. This year, \$10,869 was raised for Fraser Valley Health Care Foundation.



The funds raised will be staying in Abbotsford, right by Mill Lake, and going towards the purchase of a new C-Arm Machine which is used during surgeries to x-ray patients.

Thank you to Pete & Robbie Zomar, all the volunteers and everyone who came out to the Mill Lake Cruise-In!

## CHILLIWACK WIT FUND

The Chilliwack Mental Health Centre has established a **Whatever It Takes (WIT) Fund** through the Fraser Valley Health Care Foundation to raise donations that will benefit the health and dental needs of individuals struggling with a mental illness. Many people with mental health challenges live in poverty on less than \$12,000 each year. Provincial disability often does not provide enough financial support to allow for the dental care or medical supplies that these individuals require for their continued well-being. The goal of this fund is to be able to help clients acquire the health care they need when no other resources are available. Health care providers see the suffering that poverty brings to human beings, especially those who are marginalized due to a mental illness. On May 6<sup>th</sup>, a "Spring Gala" held at Shoppers Drug Mart locations in Chilliwack (both Promontory and Downtown) in support of the WIT Fund.



## SUMMER SHINES FOR YOUTH

The Abbotsford-Matsqui Rotary Club held its annual Wine & Beer Festival fundraiser and they donated \$10,000 of the funds raised towards the Early Psychosis Intervention (EPI) program at Abbotsford Regional Hospital. The EPI program supports youth in Fraser Health between the ages of 13 and 30 years old who have emerging psychotic disorders, as well as their families. The purpose of the EPI program is to increase understanding, decrease stigma and provide direct and sustained clinical treatment during a young person's early years of mental illness.



**The early years are considered the most critical period** in determining the course and prognosis of mental illness, and are when recovery can be most influenced," says Rubyna Tatlock, Clinical Coordinator of the EPI program.



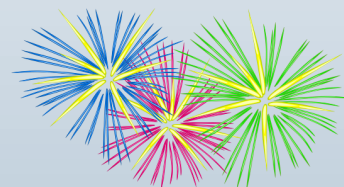
Dave Sandhu, owner of Jugo Juice Mission presented Fraser Valley Health Care Foundation with a \$563 cheque, a percentage of their opening day sales. Dave and his wife Rosy felt it was important to support their local hospital and community. They were very happy to be able to support Mission Memorial Hospital. "We want to thank everyone that came out on our opening day" said Dave.

## FVHCF HEALTHY HARVEST

# 50/50

Did you know?

- Proceeds from the lotto will be used to purchase priority equipment
- Since starting the Healthy Harvest 50/50 in 2012/2013 and continuing in 2015, the 50/50 has raised over \$56,140 for priority needs at ARH, CGH, MMH & FCH! All because of staff participation!
- Tickets are ONLY \$5 a pay period and can be purchased through payroll deduction ONLY
- Open to all employees paid via Fraser Health's payroll system
- YOU could be next!



Congratulations to our latest winners!

**June 12, 2017**

Amanda C - \$1,940

**June 26, 2017**

Frances H - \$1,952.50

**July 10, 2017**

Tracy S - \$1,965.00

**July 24, 2017**

Jamie S - \$1,927.50

Contact [info@fvhcf.ca](mailto:info@fvhcf.ca)

Chances are 1 in 700+

(based on bi weekly ticket sales)

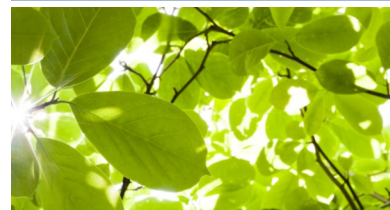
BC Gaming Event Licence #93599

Problem Gambling Help Line 1-888-795-6111

[www.bcreponsiblegambling.ca](http://www.bcreponsiblegambling.ca)

Know your limit, play within it.

19+ to play



## CONTACT US

Website: [www.fvhcf.ca](http://www.fvhcf.ca)

Email: [info@fvhcf.ca](mailto:info@fvhcf.ca)

Tel: 1-877-661-0314

 Facebook  
[facebook.com/FVHCF](https://facebook.com/FVHCF)

 Twitter  
[twitter.com/fvhcf](https://twitter.com/fvhcf)

**Abbotsford Regional Hospital**  
Regional Office  
32900 Marshall Rd  
Abbotsford, BC V2S 0C2

**Mission Memorial Hospital**  
7324 Hurd Street  
Mission, BC V2V 3H5

**Chilliwack General Hospital**  
45600 Menholm Rd  
Chilliwack, BC V2P 1P7

**Fraser Canyon Hospital - Hope**  
1275 7Ave  
Hope, BC V0X 1L4

YOUR COMMUNITY  
YOUR HOSPITAL  
YOUR FOUNDATION  
DONATE TODAY


Abbotsford Regional Hospital had a big special guest visit. Indian basketball star Satnam Singh stopped by to greet newborn babies, kids, families and staff and take in the Fraser Valley. Singh, who was drafted by the NBA's Dallas Mavericks in 2015, was the first-ever player from India to be selected by an NBA club. The seven-foot-two-inch centre has played two seasons with the Mavericks minor league team – the NBA D-League's Texas Legends.



Do you have dvd's around the house that you just want gone with the wind? Sick of Frozen and want to let it go? We will take it! FVHCF has given portable dvd players to the Pediatric and ICU units for the patients. We now just need something to play on them.

- Must be in good condition
- Scratch free
- No R rated movies please

Email [info@fvhcf.ca](mailto:info@fvhcf.ca) or call 604 851 4890



A TRIP FOR TWO  
ANYWHERE  
WESTJET GOES

\* some restrictions apply

2nd Place: iPad 32g.  
3rd Place: iPod Nano 16g.

TICKETS ARE ONLY \$20 EACH

Visit [www.fvhcf.ca/events](http://www.fvhcf.ca/events) or call 604 851 4890 to purchase your tickets now

Raffle ends September 20, 2017 at 5:00 pm

Draw will take place Thursday September 21st at 6:30 pm at our 2nd Annual FVHCF Golf Classic held this year at Chilliwack Golf Club.

Chances are 1 in 1000 (total tickets for sale) to win the grand prize.

BC Gaming Event Licence #97172

Problem Gambling Help Line 1-888-795-6111  
[www.bcresponsiblegambling.ca](http://www.bcresponsiblegambling.ca)

Know your limit, play within it.

19+

